



February 2026



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Weekly Reset Support Group 12:00 p.m. Healing Threads 1:00 p.m. Chair Exercise Class 3:15 p.m. Casey S.	3 Bereavement Support 12:00 p.m. Finding Joy Support Group 1:00 p.m.	4	5 Men's Cancer Resource Group 12:00 p.m. Bunco 1:00 p.m.	6 Trauma Support 12:00 p.m. Little Wings Pregnancy Loss Support 12:00 p.m. Must RSVP	7
8	9 Weekly Reset Support Group 12:00 p.m. Healing Threads 1:00 p.m.	10 Bereavement Support 12:00 p.m. Finding Joy Support Group 1:00 p.m. Find Support Through An Overdose Loss 6:00 p.m.	11 TAP Into Your Inner Power 1:00 p.m.	12 Brain Injury Support Group 12:00 p.m. Diabetes Support Group & Exercise 1:00 p.m.- support 2:00 p.m. - movement	13 Trauma Support 12:00 p.m. Finding Your Way 1:00 p.m. Little Wings Pregnancy Loss Support 12:00 p.m. Must RSVP	14 All Hearts Valentine's Day Party 12-3 p.m.
15	16 CLOSED President's Day	17 Bereavement Support 12:00 p.m. Finding Joy Support Group 1:00 p.m.	18	19 Men's Cancer Resource Group 12:00 p.m. Beyond Survival Support Group 1:00 p.m. Healing Prayer 2:00 p.m. (by appointment)	20 Mazie Meade Guild 11:30 a.m. Trauma Support 12:00 p.m. Little Wings Pregnancy Loss Support 12:00 p.m. Must RSVP Finding Your Way 1:00 p.m.	21
22	23 Weekly Reset Support Group 12:00 p.m. Healing Threads 1:00 p.m.	24 Grief Support Group 11:00 a.m. Bereavement Support 12:00 p.m. Finding Joy Support Group 1:00 p.m.	25 TAP Into Your Inner Power 1:00 p.m.	26 Brain Injury Support Group 12:00 p.m.	27 Trauma Support 12:00 p.m. Little Wings Pregnancy Loss Support 12:00 p.m. Must RSVP Finding Your Way 1:00 p.m.	28
						 Scan QR code for more information